# against COVID-19 In older peoPLE

## Weekly Newsletter - 5<sup>th</sup> March 2021

# **PRINCIPLE** has

Recruited

**4507** 

**Participants!** 

## New Treatment Arm added - Colchicine

- In addition to Usual Care and Budesonide (steroid inhaler), \* Colchicine has been added as a new arm of the trial this week.
- It is an inexpensive anti-inflammatory drug widely used in the UK as a treatment for acute gout, now being trialled for PRINCIPLE.
- In Canada's ColCorona trial, the drug has shown promise in reducing hospital admissions in patients with Covid-19, yet little is known about its effectiveness in reducing recovery time or the burden of the illness.
- \* The drug is also under investigation in hospitalised patients through the UK's RECOVERY trial.

## We have expanded our eligibility criteria. Who can now take part?

Anyone aged 18 or over experiencing COVID-19 symptoms, which started within the last 14 days may be eligible to join the PRINCIPLE trial.

If aged 18-64 with an underlying health condition, or a shortness of breath with COVID-19 illness, and anyone aged 65 and over.

## **Trial Pre Screening form**

We have added a Trial Pre screening form here, which evaluates if a participant is eligible to join the trial.

If the results show the participant is eligible, you or they can then proceed to registration.



## Why did you get into research?

I loved working in the community and Research Nursing had plenty to offer in that area. I love meeting different people both patients and other professionals. I joined research in 2011 in a different part of the University of Oxford and then joined CTU in 2016. There is plenty of diversity in the work such that one can work in the GP surgeries, do home visits, work form the office or in the case of the pandemic work from home. We seem to be able to adapt and adjust to different circumstances.



### What's your favourite thing about working at the CTU?

CTU is made of a great team and people are very friendly, kind and social. It is very rare that you can meet a person even at the office corridors without a smile to offer no matter how busy they are in their research trials. People in CTU care about each other and celebrate occasions for example when a colleague's new baby arrives etc. CTU is a great place to work in!

#### What have you learnt about working on Principle?

While working on PRINCIPLE Study, I have learnt that with determination, hard work and team work it is possible to work on a great study and achieve a lot! It has also reminded me this study is not just about research but about reducing the suffering that has come with the pandemic. It is about giving hope.