

**PRINCIPLE has  
Recruited  
3920  
Participants!**

## Meet the Team!

### Heather Rutter - Senior Research Nurse



#### Why did you get into research?

I came to work at CTU for a respiratory trial and to see how research worked. I never imaged that 9 years later I would still be here!

#### What's your favourite thing about working at the CTU?

The people! our nursing team are amazing - we support each other through the good and not so good times. In the whole unit there is a real feel of support and genuine care for those around us. The work is always diverse and no two days are ever the same. The patients we have contact with are always so keen to help and support the trials / studies they have volunteered for that you can't help but feel inspired to support them and show them how they are helping research.

#### What have you learnt about working on Principle?

That research is the way out of this COVID-19 situation, the only way we will find out the answers we need to protect lives is by completing the research. And that working Saturdays in the office is not really that bad!

## Trial News and Publications



Read the latest press release on our website from the Chief Investigators following an interim analyses review:

*'Azithromycin and doxycycline are not generally effective against COVID-19 in patients treated at home.'*

## Handy Tips & Reminders

- \* Please save your [secure](#) and [sentry](#) passwords, to allow quick and easy access to your registered trial participants.
- \* Please **do not** send confidential patient data to the PRINCIPLE mailbox; only use participant ID numbers.
- \* Please refer to [principletrial.org](http://principletrial.org) for all the latest trial information, documents and protocol amendments.

*We have more than 1000 practices working with the PRINCIPLE Trial across the UK, and recruited almost 4000 participants! Just a small increase in recruitment and outreach from each practice can make a huge difference.*

## TOP RECRUITING CRNs (participants randomised per region)

1. North West Coast
2. North East & North Cumbria
3. Yorkshire & Humber
4. Thames Valley & South Midlands
5. West of England
6. West Midlands
7. South West Peninsula
8. East Midlands
9. Eastern
10. Greater Manchester



## Key Workers Nomination



The PRINCIPLE Nursing Team won a nomination for a 'cupcakes for key workers' prize this week.

The cupcakes were hand delivered to the team on Monday morning.

A great start to the week!